



## Arlington Unitarian Universalist Church

2001 California Lane  
Arlington, Texas 76015  
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# Kaleidoscope

December 2008

Sunday	Dec 7	10:00 a.m.	"Sunday School Gang" - David Tripp continues to lead a study of Ralph Waldo Emerson's essay, <i>The American Scholar</i> (copies will be available)
		11:00 a.m.	David Tripp speaks on "The Courage to Create," by Rollo May
		12:30 p.m.	Board Meeting led by John Blair
Monday	Dec 8	7:30 p.m.	Support Group led by John Reed
Sunday	Dec 14	10:00 a.m.	"Islam and and Unitarians - The Quest for Truth and Justice," led by Larry Heath
		11:00 a.m.	Do-It-Ourselves service: Please bring something thought-provoking to share
Monday	Dec 15	7:30 p.m.	Support Group led by John Reed
Sunday	Dec 21	10:00 a.m.	"Sunday School Gang" continues a series on "No Excuses: Existentialism and the Meaning of Life" led by Naren Jackson and David Tripp
		11:00 a.m.	Winter Celebration, followed by a sharing of Holiday Treats - please bring something tasty if you can
Monday	Dec 22	7:30 p.m.	Support Group led by John Reed
Sunday	Dec 28	10:00 a.m.	"Our Emerging Zeitgeist" or "What's This 'Paradigm Shift' anywayz?" led by Gregory Ellis
		11:00 a.m.	Program led by Gregory Ellis and friends
		12:30 p.m.	Monthly Potluck - all are invited
Monday	Dec 29	7:30 p.m.	Support Group led by John Reed

*Nursery provided at 11:00 a.m. every Sunday.*



### AUUC Mission Statement -- Our mission is to provide a nourishing environment:

- In which liberal religious thought and spiritual growth are encouraged; where doubt is welcome and free choice is the rule
- In which we will be motivated to contribute to the betterment of all life
- In which we will teach and promote all of the other Unitarian Universalist values, embodied in the Seven Principles

*Pledging: It costs in excess of \$55 per pledging unit per month to sustain the Arlington UU Church. Please give what you can. If you choose to make your contribution using the collection basket, use a special envelope or indicate "Pledge" on your check. Thank you for your support.*

## Meet Florence Nightingale



Florence Nightingale, 1820-1910, founded Nursing as a respectable trained profession. Born to a wealthy English Unitarian family, Florence was educated by governesses and then by her father. Familiar with Greek, French, German, and

Italian, she also studied history, grammar, philosophy, and mathematics. On February 7, 1837, she said she heard the voice of God telling her that she had a mission in life. It took her some years of searching to identify that mission. This was the first of four occasions when she claimed God spoke to her. By 1844 she had chosen a different path than the social life and marriage expected of her by her parents, deciding to work in nursing, then not considered a "proper" profession for women. Florence went to Prussia to experience a German training program for nurses. She worked briefly for a Sisters of Mercy hospital near Paris. Her views began to be respected. In 1853, Florence became superintendent of London's Institution for the Care of Sick Gentlewomen. When the Crimean War began, reports came back of terrible conditions for wounded and sick soldiers. Florence volunteered to go to Turkey and, at the urging of a family friend, took 38 women as nurses, including 18 Anglican and Roman Catholic nuns. They accompanied her to the war front, leaving England October 21 and entering the military hospital at Scutari, Turkey, November 5, 1854, where Florence headed nursing efforts in English military hospitals until 1856. She established more-sanitary conditions and ordered supplies, beginning with clothing and bedding. She gradually won over cooperation from the military doctors and used significant funds raised by the *London Times*. Soon she focused more on administration than on actual nursing, but continued to visit the wards and send letters back home from injured and ill soldiers. Her rule that she be the only woman in the wards at night earned her the title "The Lady with the Lamp." The mortality rate at the hospital fell from 60% at her arrival to 2% six months later. Florence Nightingale applied her interest in mathematics to developing statistical analyses of disease and mortality, inventing the

use of the pie chart. She fought both a reluctant military bureaucracy and her own illness with Crimean fever to eventually become general superintendent of the Female Nursing Establishment of the Military Hospitals of the Army (March 16, 1856). Florence was already a heroine in England when she returned, though she actively worked against public adulation. She helped to establish the Royal Commission on the Health of the Army in 1857, giving evidence to the commission and compiling her own report, published privately in 1858. She also became involved - from London - in advising on sanitation in India. Florence was quite ill from 1857 until the end of her long life, living in London, mostly as an invalid. Her illness, never identified, may have been organic or psychosomatic - some have even suspected it was intentional, to give her privacy and time to continue her writing. In 1860 she founded the Nightingale School and Home for Nurses in London, using funds contributed by the public to honor her work in the Crimea. In 1861, she helped inspire the Liverpool system of district nursing, which later spread widely. Elizabeth Blackwell's plan for opening a Woman's Medical College (it opened in 1868 and continued for 31 years) was developed in consultation with Florence. The King awarded her the Order of Merit in 1907, making Florence Nightingale the first woman to receive that honor. Florence declined the offer of a national funeral and burial at Westminster Abbey, requesting that her grave be marked simply. Only her initials appear on the family marker in a small cemetery in Hampshire.

Drawn from several sources, including:  
[womenshistory.about.com/od/nightingale/p/nightingale.htm](http://womenshistory.about.com/od/nightingale/p/nightingale.htm)  
[geocities.com/~bread\\_n\\_roses/nightin.html](http://geocities.com/~bread_n_roses/nightin.html)  
[adelaidelinstitute.org/Dissenters1/Muirden/nightingale1.htm](http://adelaidelinstitute.org/Dissenters1/Muirden/nightingale1.htm)



**Cell phones** should be turned off during the service.

**Food in the Sanctuary:** So we can all enjoy a snack and fellowship afterwards, please do not bring food into the sanctuary during services and forums.

**Facilities Use Policy:** Permission must be obtained prior to use from the church board or, at minimum, the church president. The fee is \$15 per hour unless another rate or free use is agreed upon by the AUUC Board prior to use. Copies of the policy are available upon request.

**Support Group:** For our members who are trying to get their lives straightened out or to search for just plain stress relief, we have organized a support group that meets at the church every Monday night at 7:30 p.m. For more information, contact John Reed, our dedicated problem-solver.

**Side Porch Counseling:** Arlington UU Church is sponsoring counseling services each Wednesday from 9 a.m. to 7 p.m. For a moderate fee, Dr. John Reed, LPC, provides counseling for personal problems, stress management and relaxation. Call 817-460-6481 for more information or an appointment. Or just drop by.

**New Members Welcome:** Membership in the Arlington UU Church is open to everyone 12 or older who is in sympathy with our purpose and principles. If you wish to join us, you need only sign a membership form in the presence of an officer of the Church. Active (voting) members must additionally make a financial contribution of record during the year prior to, and be on the roster at least 60 days prior to, any congregational business meeting at which they wish to vote.

**Newsletter/Publicity:** Clara Blair, 817-265-3429, [blairbards@sbcglobal.net](mailto:blairbards@sbcglobal.net)